



# Overview

**Live now. Live here.** Enso Village is a Zen-inspired Life Plan Community in Healdsburg, CA, with a focus on mindful aging, the joys of nature, environmental stewardship, contemplative care and healthy life choices for adults 60+.

Set amid the hills and vineyards of Sonoma County, Enso Village is a collaboration between the San Francisco Zen Center, a landmark of American Zen practice, and Kendal Corporation, a visionary provider of retirement community services founded on Quaker principles.

**A community like no other.** Enso Village is destined to become a community rooted in the Zen values of kindness and abiding presence as well as the Quaker tenets of acceptance, inclusion and reverence for nature.

From its parent organizations, Enso Village will inherit a core philosophy that focuses on personal growth, community engagement, finding the good in every person and the joy in every moment. Enso Village will present a creative and ever-changing menu of freshly prepared meals, sourcing local ingredients including many grown in our own gardens. But it's from you and others who share your outlook that this community will derive its special energy.

## **Open to all who are open to life.**

While Zen practice is welcome here, so are all faiths and philosophies. Enso Village is open to all who are open to aging mindfully and living joyfully in a beautiful and sustainably designed environment. From gardens to kitchens to meditation spaces and even in its healthcare center, Enso Village will inspire a spirit of connection, compassion and mutual respect that embraces residents of all backgrounds and beliefs.

**Why now? Why Zen?** The idea for Enso Village began as a commitment on the part of San Francisco Zen Center to provide residence to its retiring faculty. But in exploring the possibilities, it soon became evident that the notion of a community built on Zen principles was attractive to a much wider potential population. In engaging with Kendal, a Pennsylvania-based nonprofit with a legacy of building and operating transformative communities, the Zen Center opened the door to what is now taking shape as Enso Village in Healdsburg.

**Enso Village**<sup>SM</sup>

A KENDAL® AFFILIATE

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Per Health and Safety Code section 1772.2, Kendal at Sonoma has filed an application for a Provisional Certificate of Authority and a permit to accept deposits has been issued.